



# COUNCIL REPORT

UNIVERSITY OF LETHBRIDGE STUDENTS' UNION - ULSU.CA

<b>Michaela Crump</b>	<b>Art &amp; Sci rep</b>	November/2022	hours contributed: 10 hours
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## THINGS TO CONSIDER INCLUDING IN MY REPORT

Goal Type:	Goals I'm pursuing	Meetings I've prepared for & debrief	Tactics on sharing SU event Information	Upcoming programs & services
Include for Each Goal:	Details on upcoming tasks I will be completing	Important dates/deadlines	People I will need to work with	Resources I might need to gather
Meetings & activities attended, people I've spoken with:	Reflect on what I've accomplished	Challenges I've encountered	How my work has impacted students in my constituency	Details on what I did & who I worked with etc. New tasks in my work plan

## LOOKING BACK

**NOTE:** Please give more details than the examples shown. If you have nothing to report in a particular line, just type in "Nothing to report".

### Hours Breakdown

*(Meetings, events and activities that I've attended in my role, with an hours breakdown)*

- EDI training- 1 hour
- GA meeting- 1 hour
- Connections Cade- 3 hours
- Socialized with students
- EAC meetings- 2.5 hours
- Survey result summarizing and assisting with formatting
- survey results presentation to EC
- Meeting with Gage- 1.5 hours
- discussed working with the Uni to improve offerings for students
- prepping for Stress Less week coming up
- reviewed the successes and struggles of Mental Health week
- Prep for meeting with Kathleen and Working group- 1 hour
- Developed name and logo ideas

<b>Highlights and Reflection on monthly activity</b> <i>(Information of note, what went well, what did not)</i>	Had fantastic conversations with students at the connections café and provided a space for people to share mental health/life stress struggles
<b>Projects in Progress</b> <i>(Projects that I am currently working on, who I am working with, what resources do I require?)</i>	Meeting with the Mental Health working group to start planning Stress Less Week in January  Meeting with Kathleen Massey to work on joint projects to improve student mental health  Finishing sharing of EAC survey results with EC
<b>Completed Projects</b> <i>(Projects that I have completed, what went well, what did not, and why)</i>	N/A
<b>Challenges I've encountered:</b> <i>(eg: I can't get volunteers, not enough funding, the equipment didn't work properly, etc.).</i>	
<b>Goals I've accomplished this month:</b> <i>(kept up with regular duties &amp;/or accomplished additional goals)</i>	Connected with students during connections café and created a safe place for sharing

## MOVING FORWARD

<b>Current or upcoming tasks:</b> <i>(upcoming activities or tasks I will be participating in or spearheading, possible timeline of completion, who will I be working with).</i>	Stress Less Week next semester- Jan 23-27, meeting during week of Nov 28- Dec 3 to start planning  -reach out to campus businesses, clubs, and services for support with stress less week
<b>Goals for next month:</b> <i>(What I would like to accomplish next month as a ULSU representative)</i>	-planning and scheduling for stress less week
<b>Important dates/deadlines:</b> <i>(important deadlines related to my goals or position).</i>	Stress Less Week Jan 23-27